

## **Clár Oíche Domhnaigh (Sunday Night Routine)**

As you are aware, Coláiste De Lacy strives for high standards in all aspects of the school organisation. We aim to develop independent and reflective learners and to prepare students for professional life. Consequently, we expect students to present for school each Monday fully prepared for the week of learning ahead of them. Therefore the Sunday night routine is **extremely important** and will stand all students in good stead in the future. This routine includes:

- Getting to bed early
- Laying out the full éide scoile (school uniform) for the morning (fully cleaned and ironed)
- Cleaning/shining/polishing na brógaí (shoes)
- Reading the Dialann for any notes or notices of upcoming events
- Ensuring that the Dialann has been signed by a parent/guardian
- Checking that all obair bhaile has been completed
- Packing all equipment/learning resources needed for Monday e.g P.E. uniform
- Eochair Taisceadáin (locker key) packed in bag
- Ticéad bus (Bus ticket) packed
- Lunch prepared for the morning
- Alarm clock set in plenty of time

This routine should be mirrored every other school night as well but an extra effort should be made on Sunday evenings to get the students week off to a good start. We would also advise that any weekend homework should be completed on Friday evenings. For this routine to be successful, it must be supported by the family and be part of the family routine. In particular, we have developed the Dialann so that parents/guardians have an opportunity to review their child's weekly progress, learning and homework. Therefore, we encourage all parents/guardians to read the Dialann each day and we insist that **the Dialann is signed for Monday curdach (inspection)**. This is the only way that we can ensure that you as parents/guardians have had an opportunity to review your child's weekly progress.